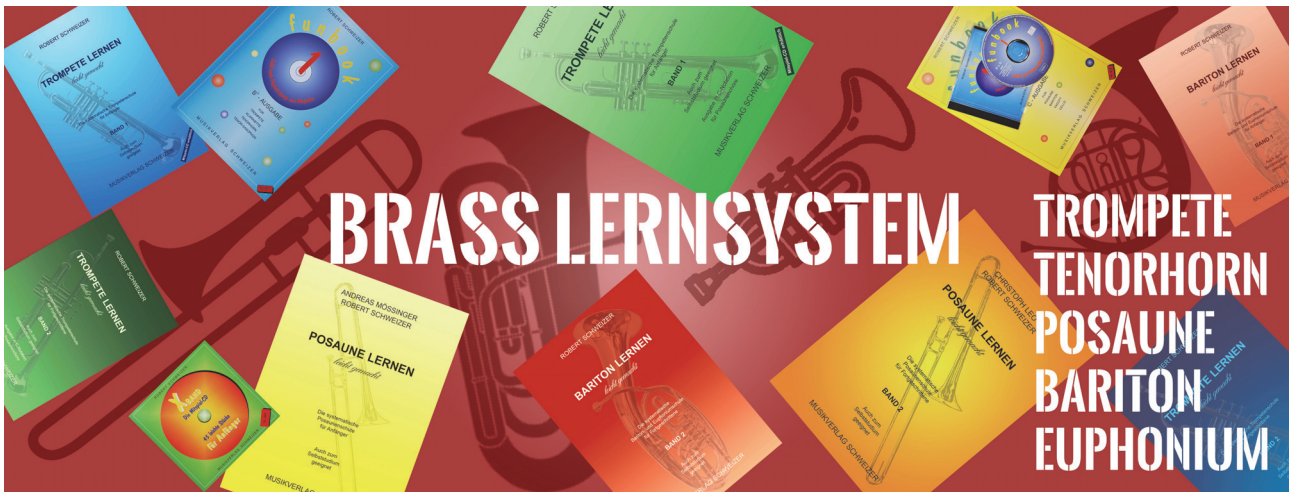

BLECH BLAS BASICS

Brass Workshop

for Brass Players all over the world
from Robert Schweizer

The workshop is aimed at interested and committed brass players who would like to improve their instrumental and musical possibilities.
In three sections, participants will learn how to optimize their playing style and at the same time refine their own feeling for the instrument. Ways are shown how to better realize one's musical ideas with simple methods.

The entire workshop is based on the many years of teaching experience of the instructor Robert Schweizer. The **BRASS LERNSYSTEM** developed by him enables a well-founded and systematic learning process that is continued slowly and continuously.
The **BRASS LERNSYSTEM** forms the basis for this workshop and gives participants the opportunity to continue their individual training afterwards.

www.**B**lech**B**las**B**asics.de

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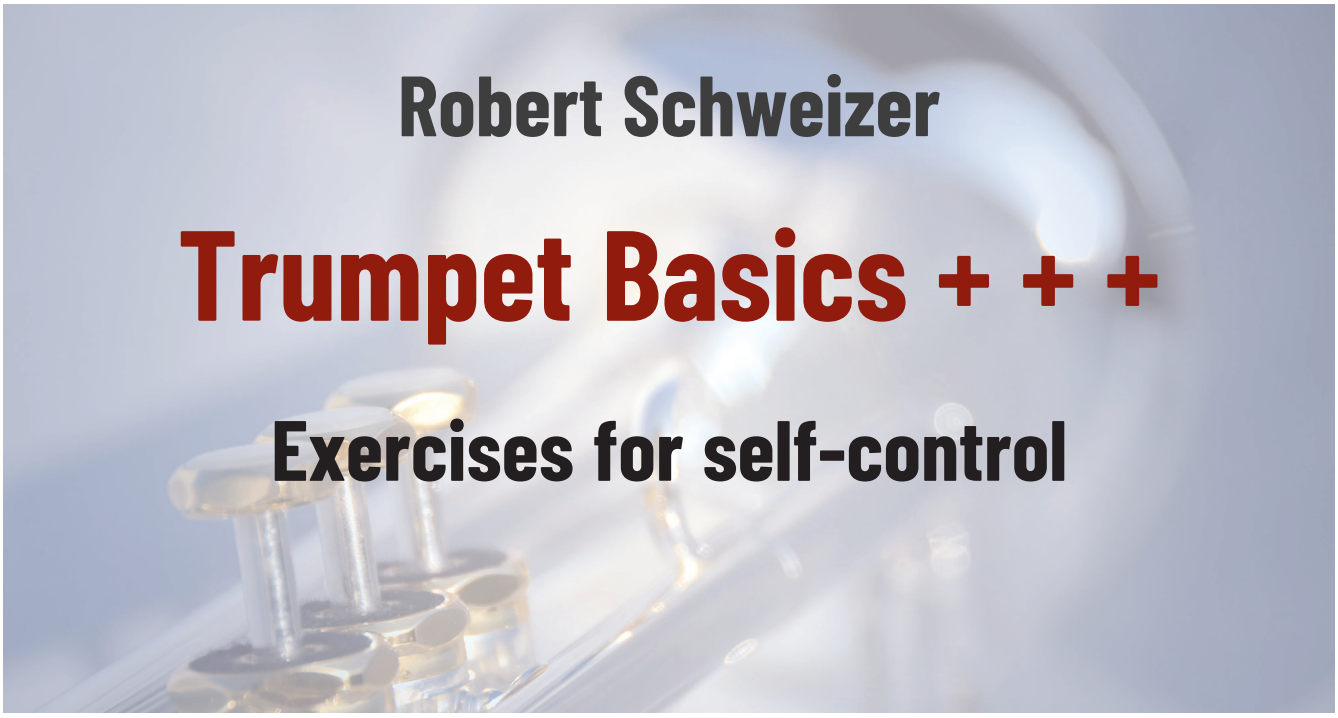

Robert Schweizer

Trumpet Basics + + +

Exercises for self-control

Exercises for self-control - What does it mean?

Playing the trumpet is a very complex and emotional activity that requires a high degree of concentration and endurance.

If we want to play the trumpet beautifully and with virtuosity, we should think about basic conditions. Brass players are self-oscillators, i.e. they produce the notes with their bodies and do not need any other tools to produce sound. They are therefore dependent on precise control of their own body, similar to singers.

We will achieve this control through concentrated and often repeated practice of the most important elements of trumpet playing. These are breathing, airflow and self-control through listening. If we listen carefully and evaluate our exercises while playing, a learning process takes place, which enables us to improve certain things.

The following instructions apply to the upcoming exercises:

- Take enough time and inspiration for your practice session
- Relax your mind and body through calm, deep breathing
- Start with a note which you can play easily and effortlessly
- Slowly expand your range downwards and upwards
- Listen to yourself playing and evaluate the result: good / not so good
- Play the next exercise better and evaluate again.

This way you learn to control yourself and can achieve your own goals and ideas.

Step by step and note by note!

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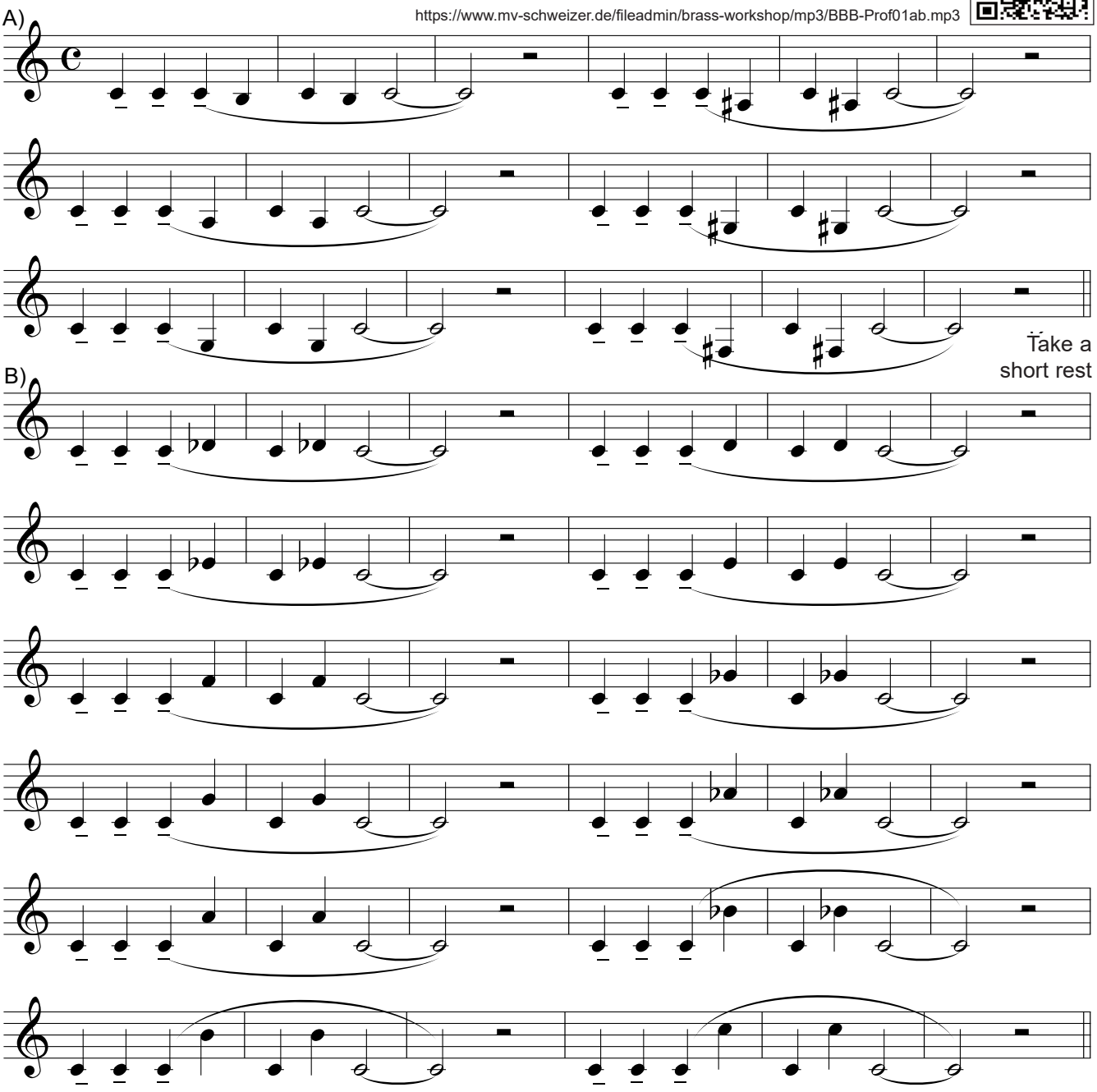
Trumpet: embouchure training for advanced players

Exercise 1

first with mouthpiece (part A also as a bending exercise), then with trumpet

https://www.mv-schweizer.de/fileadmin/brass-workshop/mp3/BBB-Prof01ab.mp3



Make sure you always make the smallest possible movements with the back of your tongue. The smaller the tongue movement, the larger your range will be!
The tip of the tongue should lie directly on the lower row of teeth after attack so that no swirls can form in the mouth.

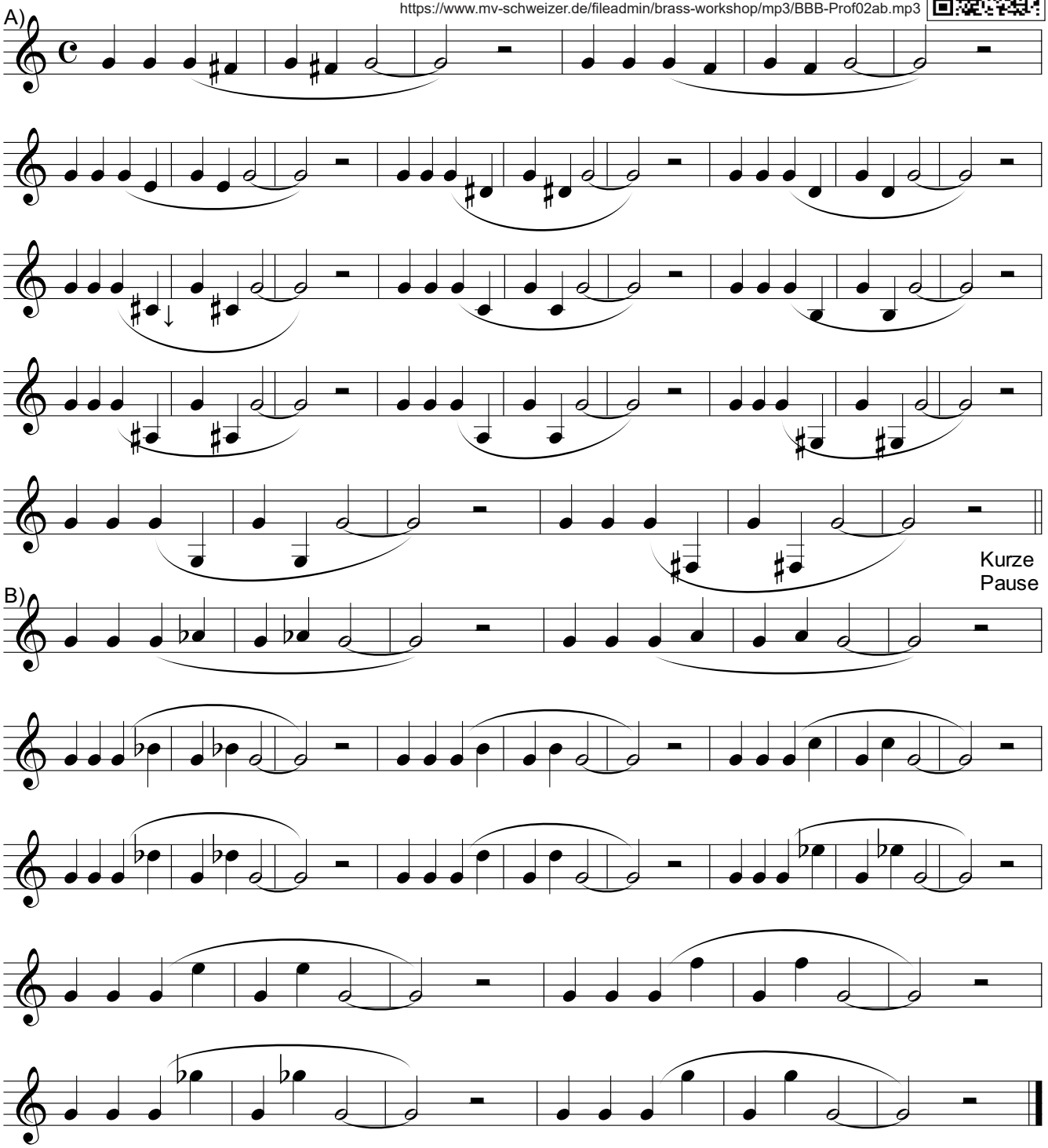
The tempo of this exercise should be chosen so that one airflow is completely "used up".
Quarternote = approx. 60-72 bpm

Trumpet: embouchure training for advanced players

Exercise 2

first with mouthpiece, then with trumpet

https://www.mv-schweizer.de/fileadmin/brass-workshop/mp3/BBB-Prof02ab.mp3



Make sure you always make the smallest possible movements with the back of your tongue. The tip of the tongue should lie directly on the lower row of teeth after attack. Coordination with the back of the tongue and valve grip must be very precise, so always press and release the valves quickly and deliberately. There must be no "smearing".

The tempo of this exercise should be chosen so that one airflow is completely "used up".

Quarter note = approx. 60-72 bpm

In exercise B), the air flow (especially for longer intervals) helps to make the binding supple.

You should accelerate the air on the note BEFORE the longer interval, so pay attention to a very conscious and intensive airflow!

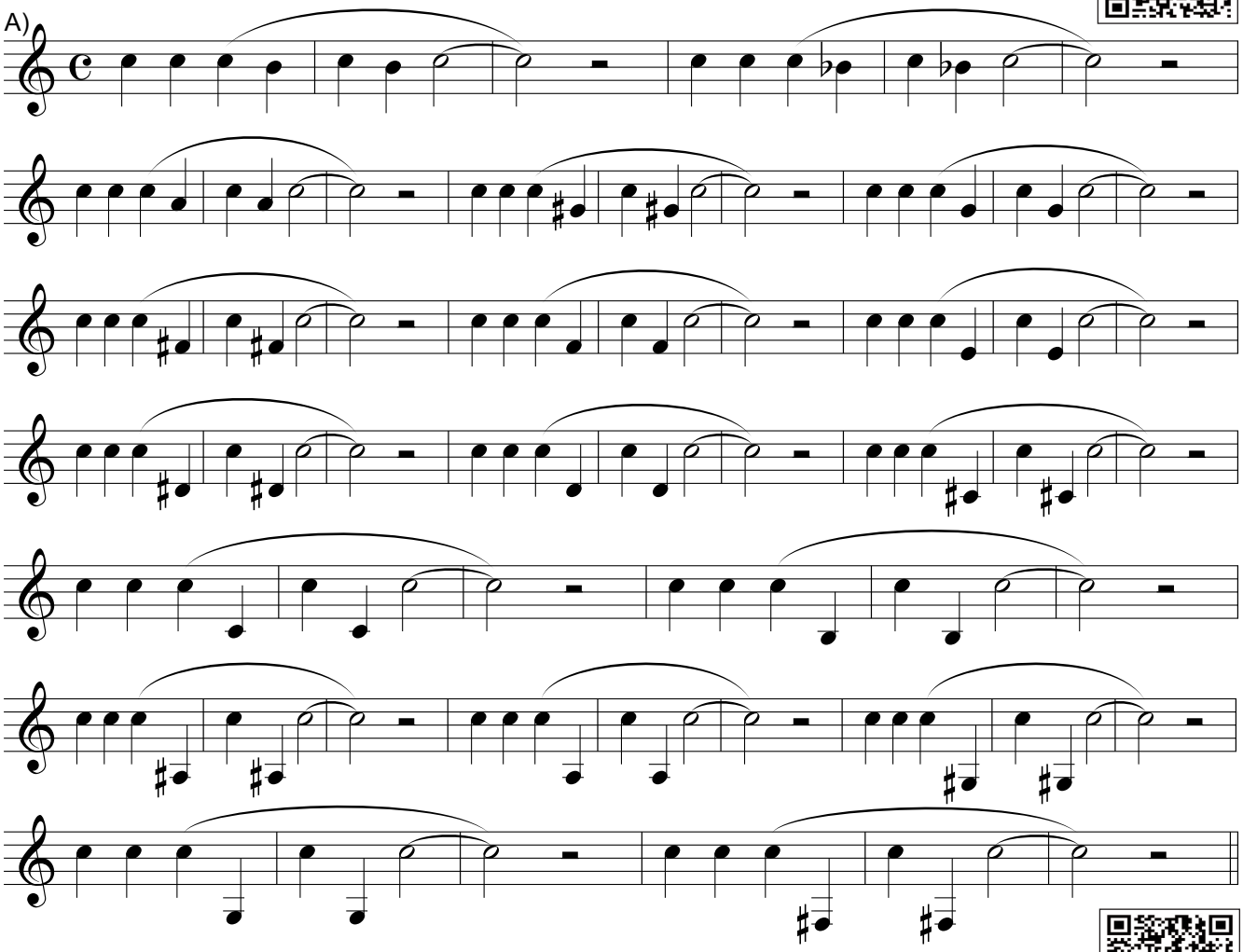
Trumpet: embouchure training for advanced players

Exercise 3

https://www.mv-schweizer.de/fileadmin/brass-workshop/mp3/BBB-Prof03a.mp3

first with mouthpiece (ad. lib.), then with trumpet

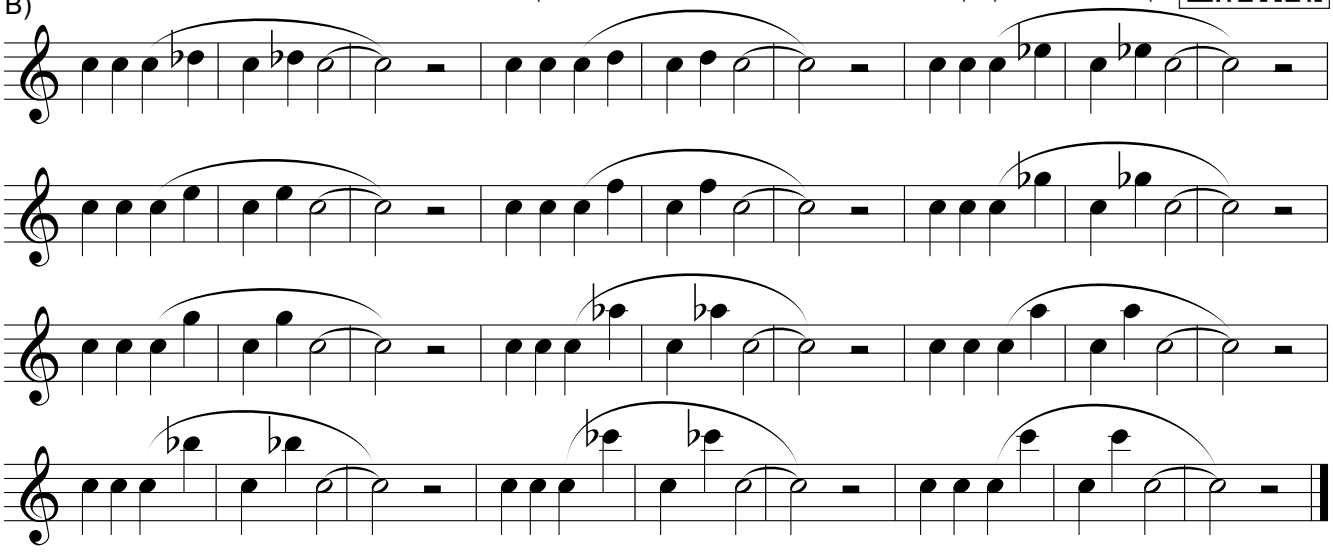
A)



Take a sufficient break!

https://www.mv-schweizer.de/fileadmin/brass-workshop/mp3/BBB-Prof03b.mp3

B)



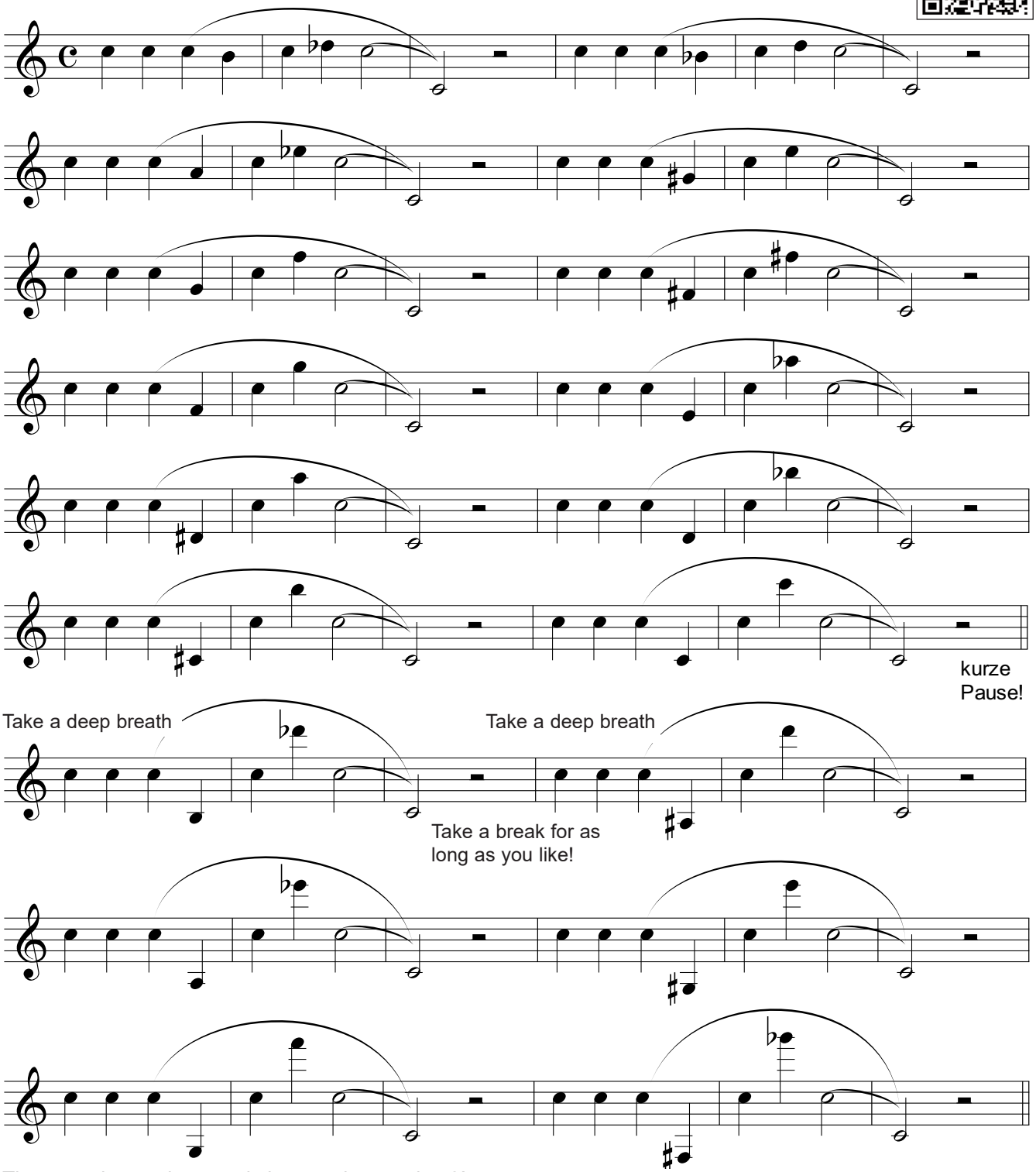
The same instructions apply here as in exercise 2!

Trumpet: embouchure training for advanced players

Exercise 4

with trumpet

https://www.mv-schweizer.de/fileadmin/brass-workshop/mp3/BBB-Prof04.mp3



The same instructions apply here as in exercise 2!

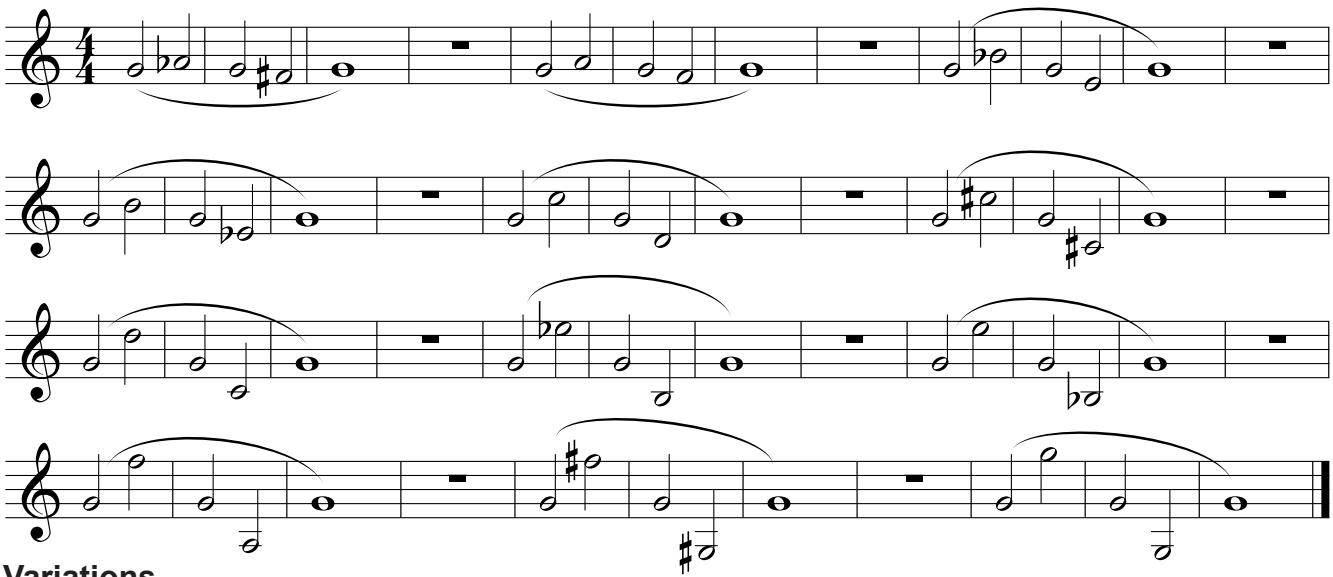
Only do the exercise as far up as you can without pressing hard or squeezing your lips. Try to extend your range upwards over a longer period of time.

I recommend practicing these exercises two to three times a week. Over time, you will notice how your embouchure becomes more stable and your sound quality will improve significantly!

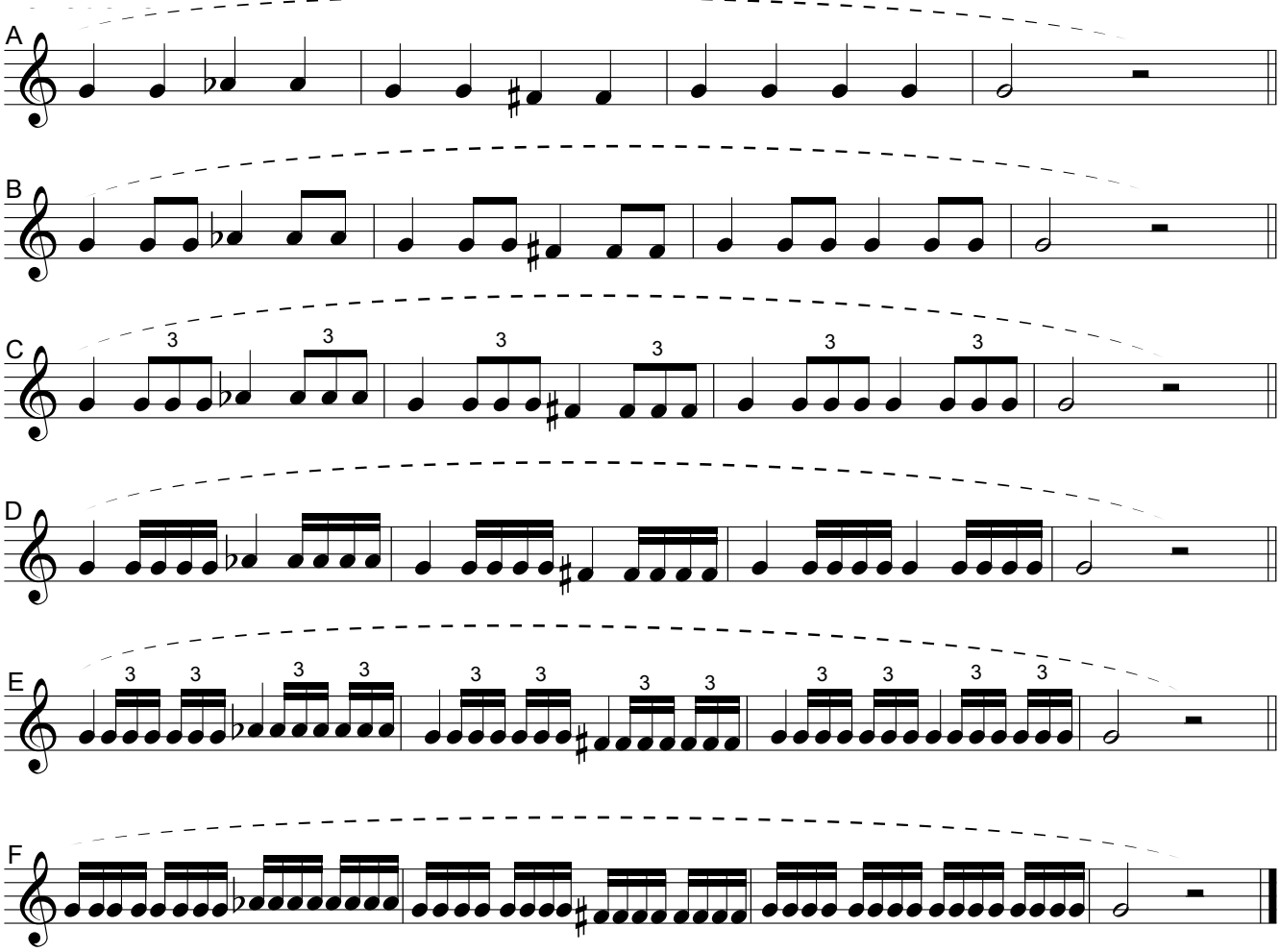
Trumpet: embouchure training for advanced players

Exercise 5

Spreading intervals in different articulations



Variations



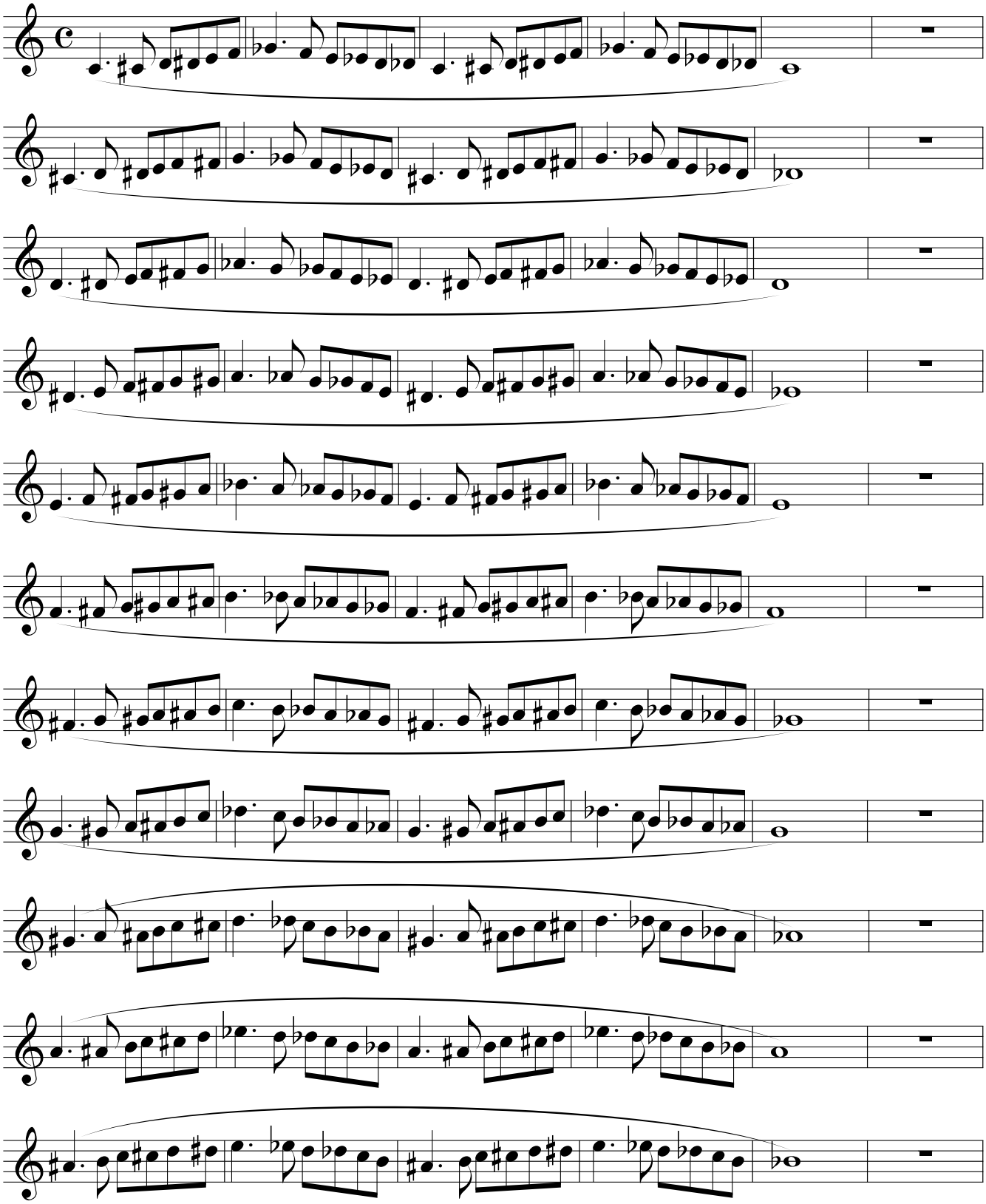
The airflow is very important here. The shorter the note, the more air it needs to be audible!

Exercise D, E and F can be practiced with double or triple tongue.

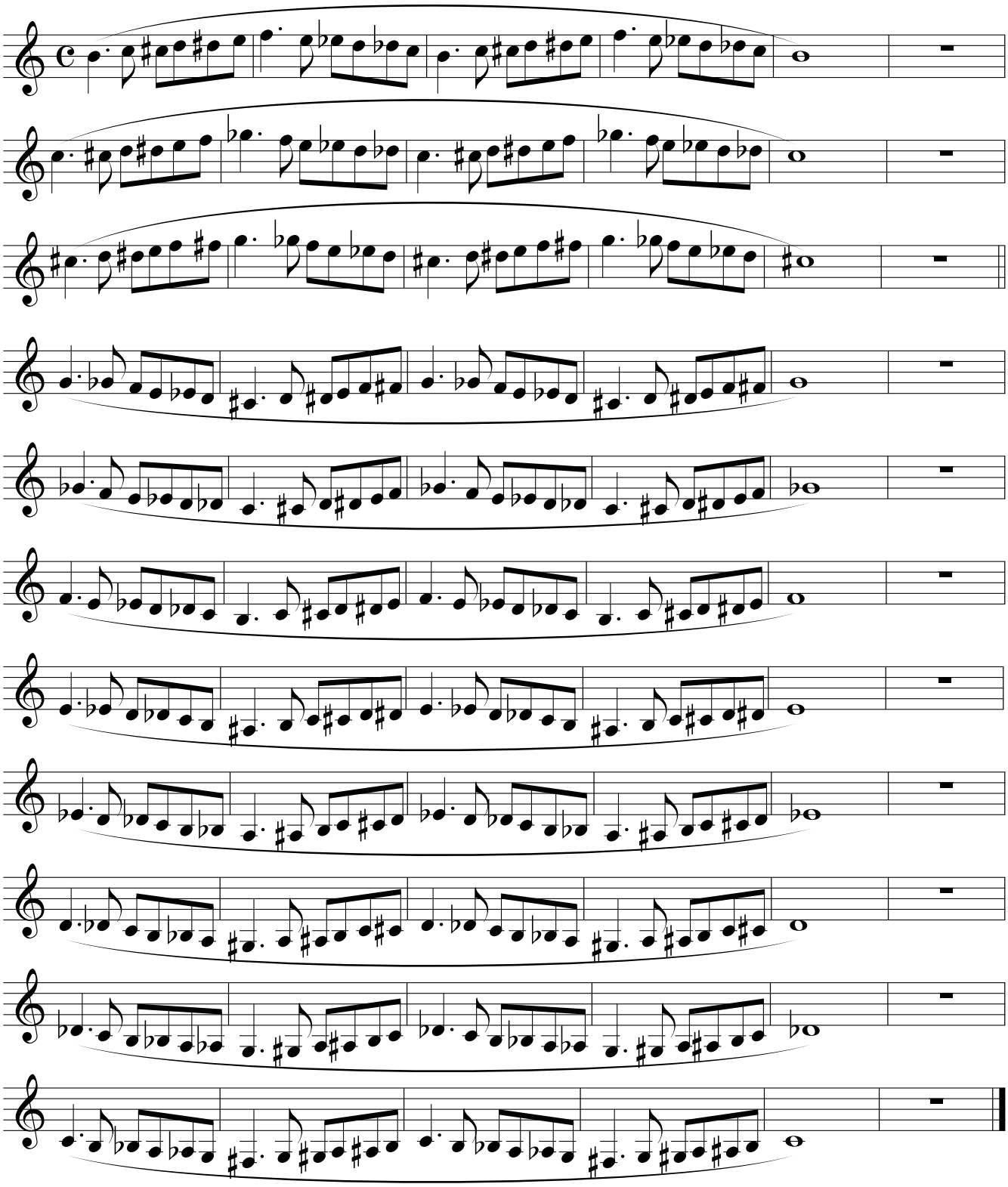
Trumpet: embouchure training for advanced players

Exercise 6:

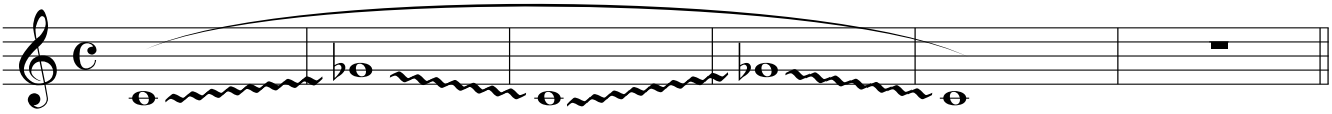
Chromatic exercise **Part 1** / 6 semitones. See instructions at the end of the exercise..



Trumpet: embouchure training for advanced players



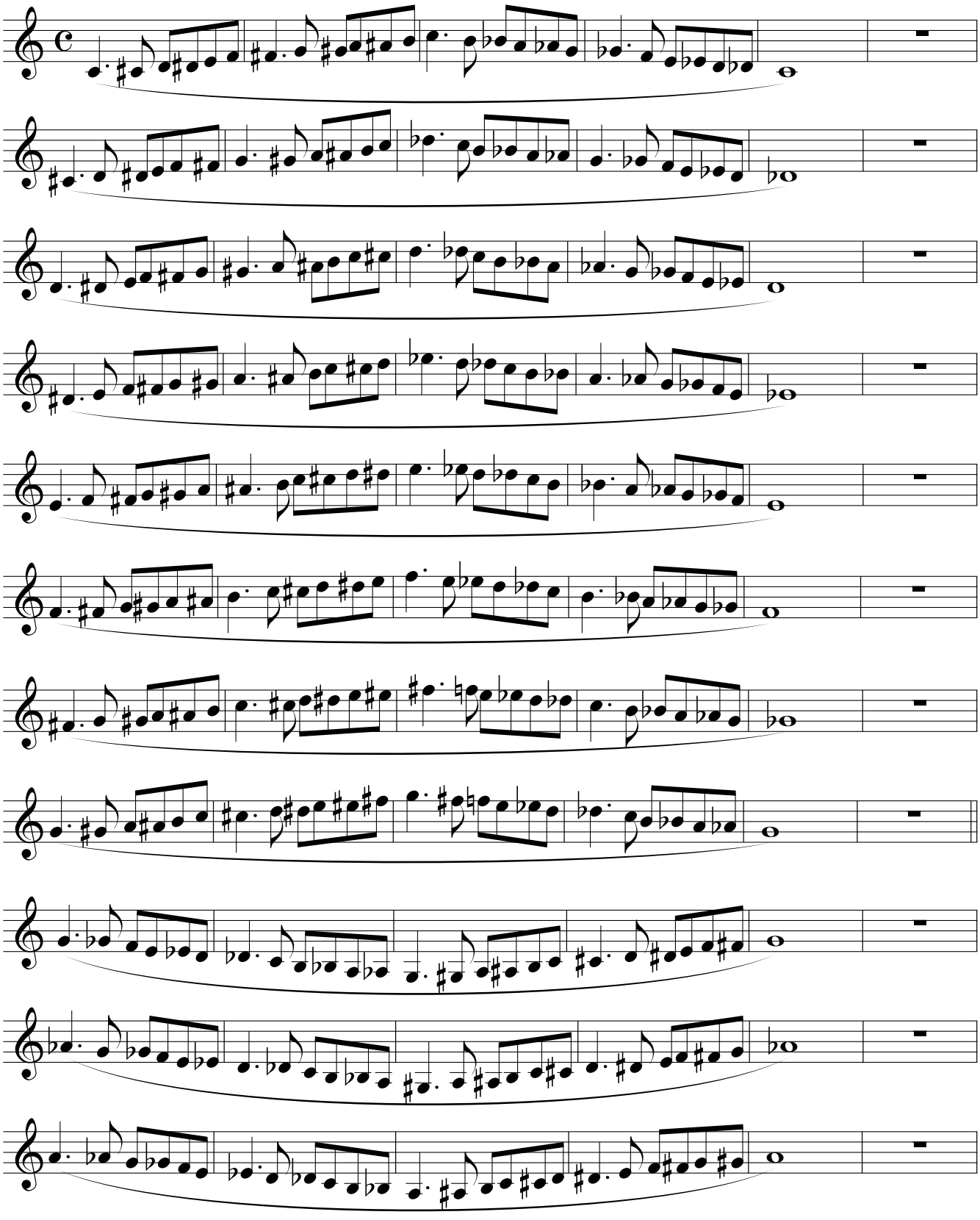
In preparation for this exercise, you should play the first note of each bar as a whole note to memorize the respective target tone. Please also practise with a mouthpiece.



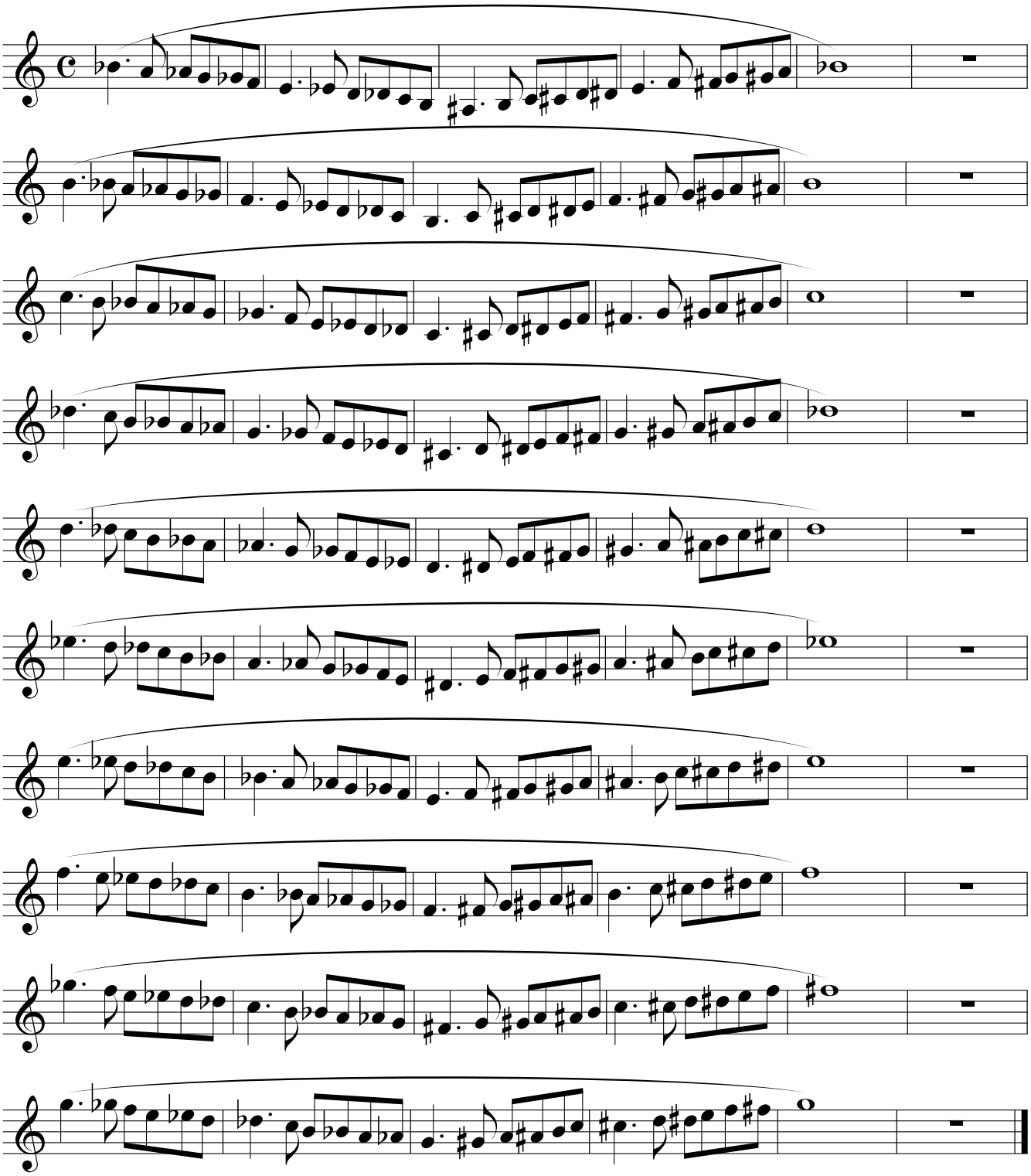
Trumpet: embouchure training for advanced players

Exercise 7:

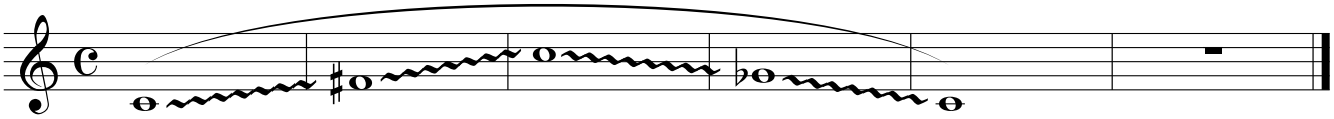
Chromatic exercise **Part 2** / 6 semitones. See instructions at the end of the exercise..



Trompete: **Ansatztraining** für Fortgeschrittene



In preparation for this exercise, you should play the first note of each bar as a whole note to memorize the respective target tone. Please also practise with a mouthpiece.

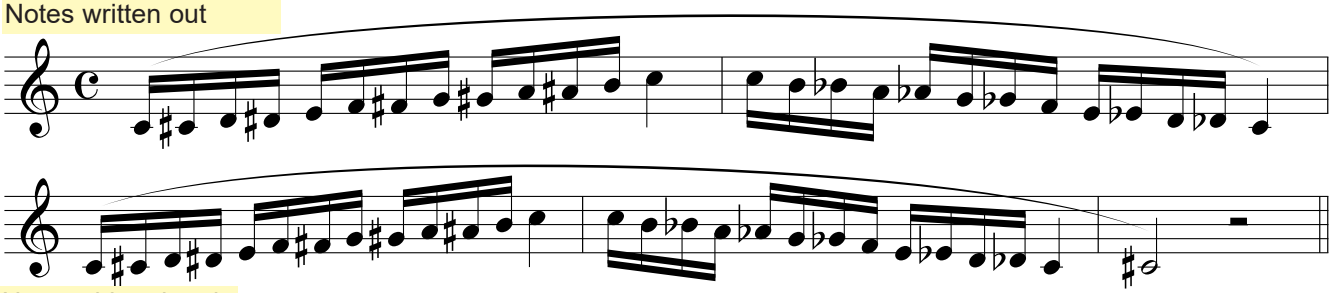


Trumpet: embouchure training for advanced players

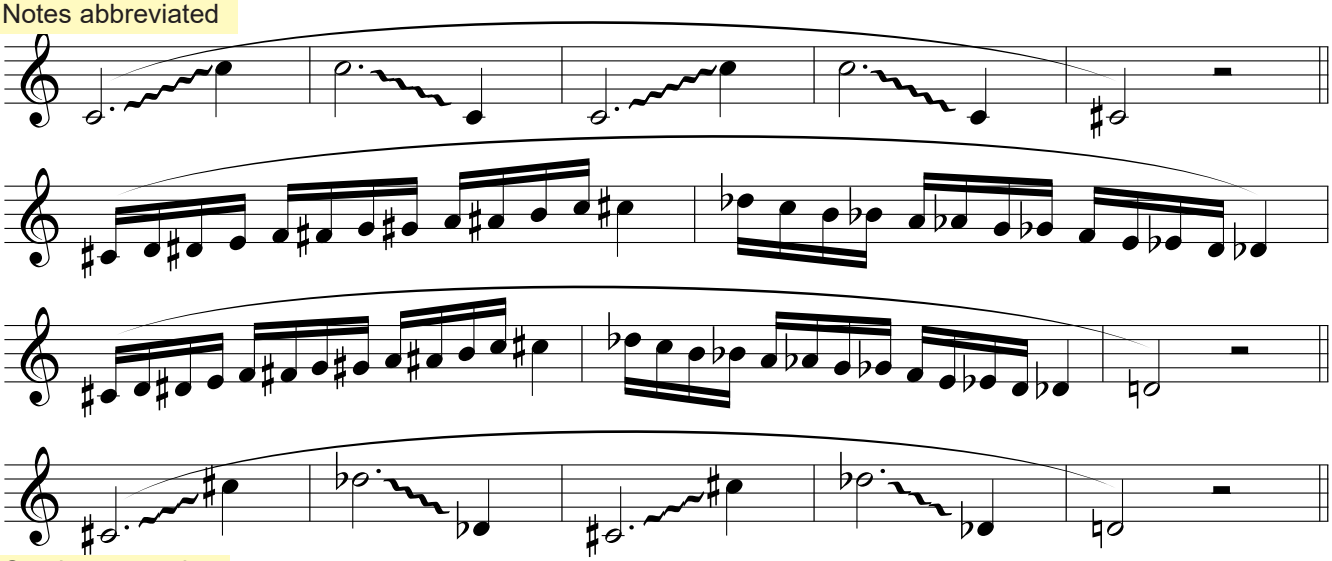
Exercise 8:

Chromatic exercise **Part 3** (12 semitones 2x).

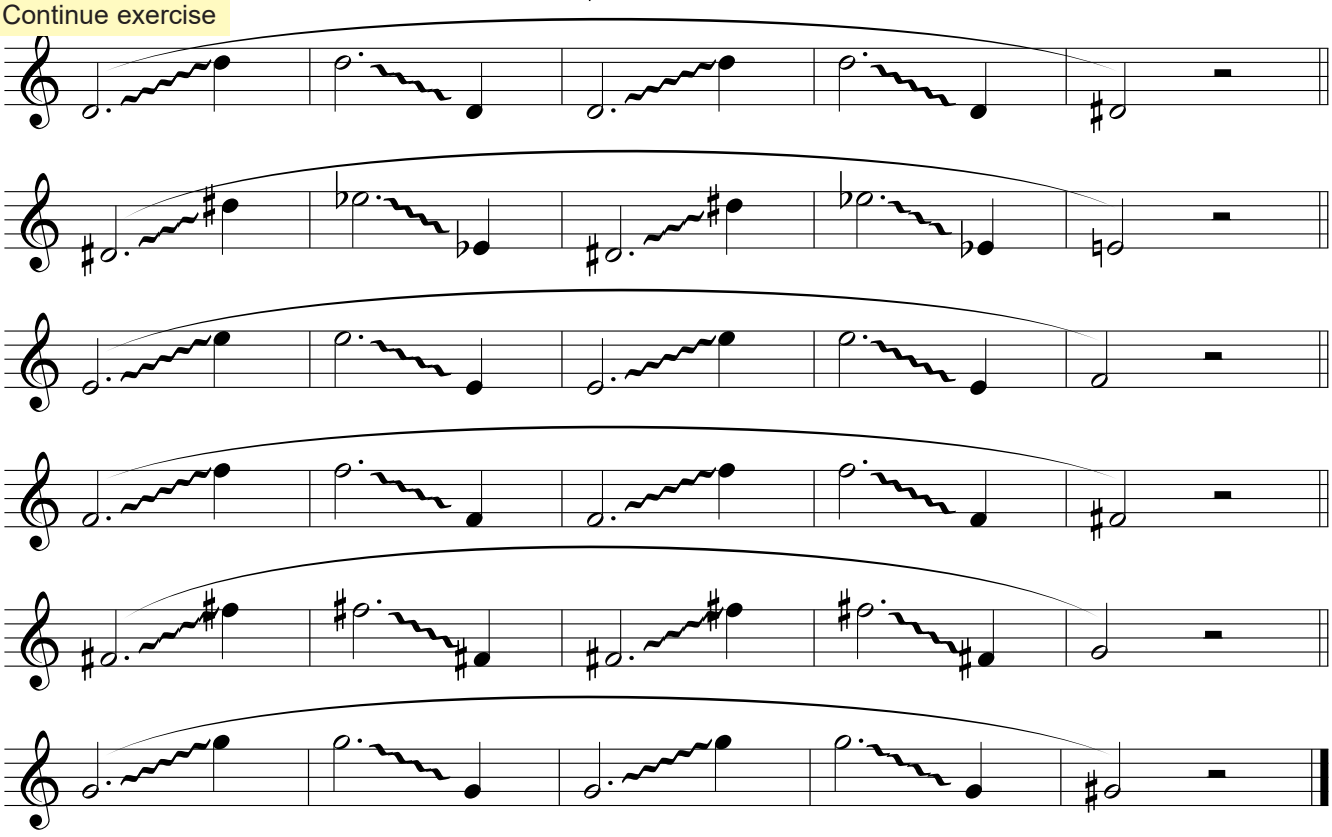
Notes written out



Notes abbreviated



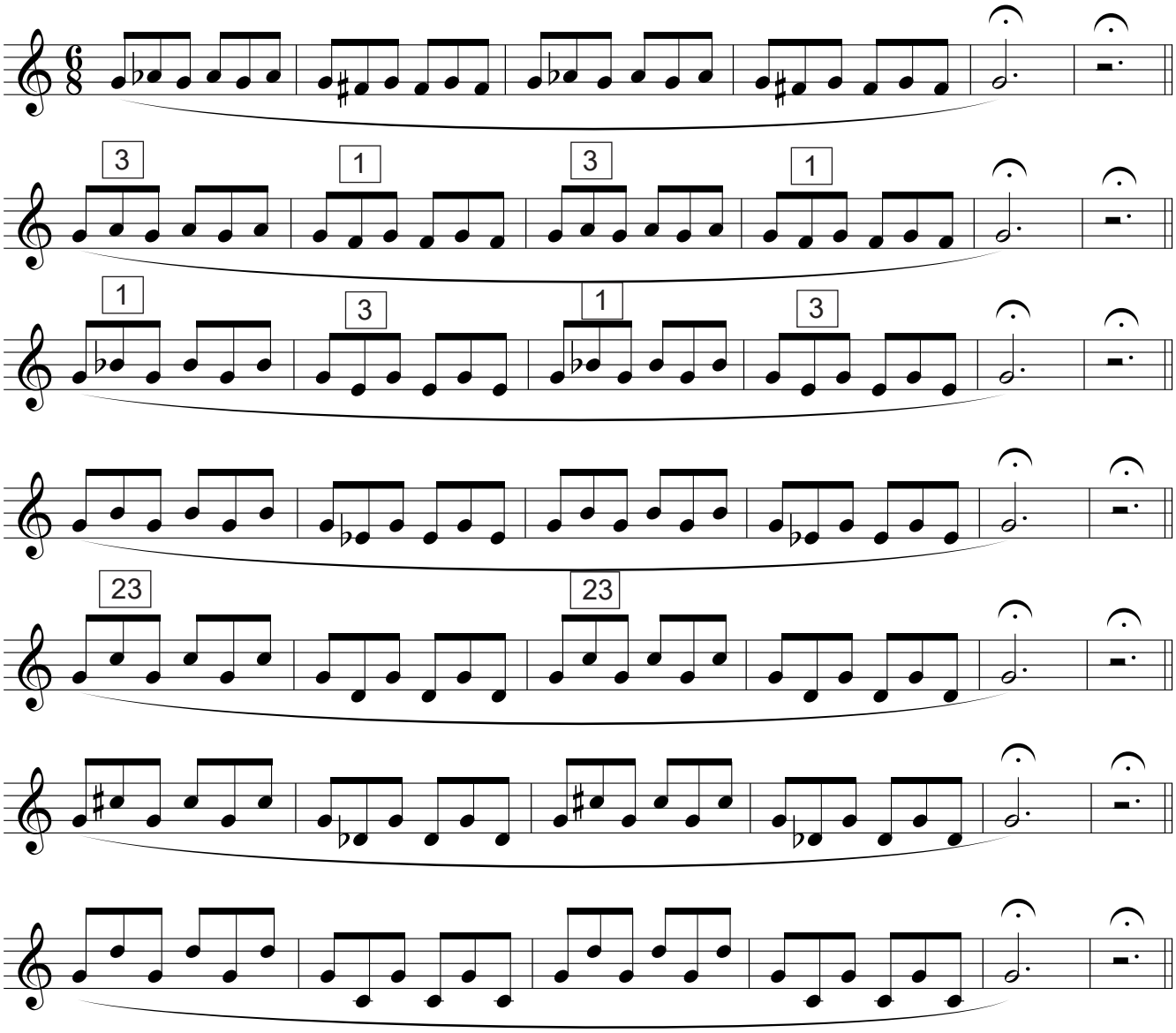
Continue exercise



Trumpet: embouchure training for advanced players

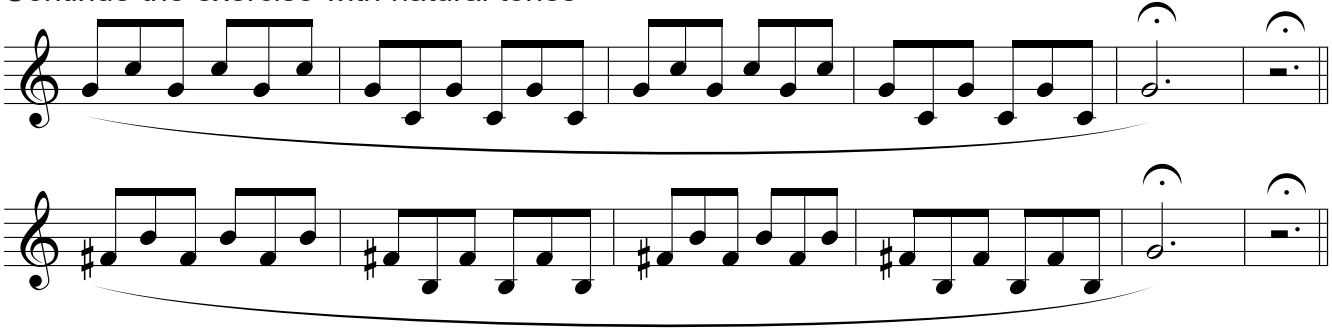
Exercise 9a

Flexibilities with valve and natural tones. Continuation of exercise No. 5



Exercise can be continued as a variation of exercise no. 5 up to the octave.

Continue the exercise with natural tones

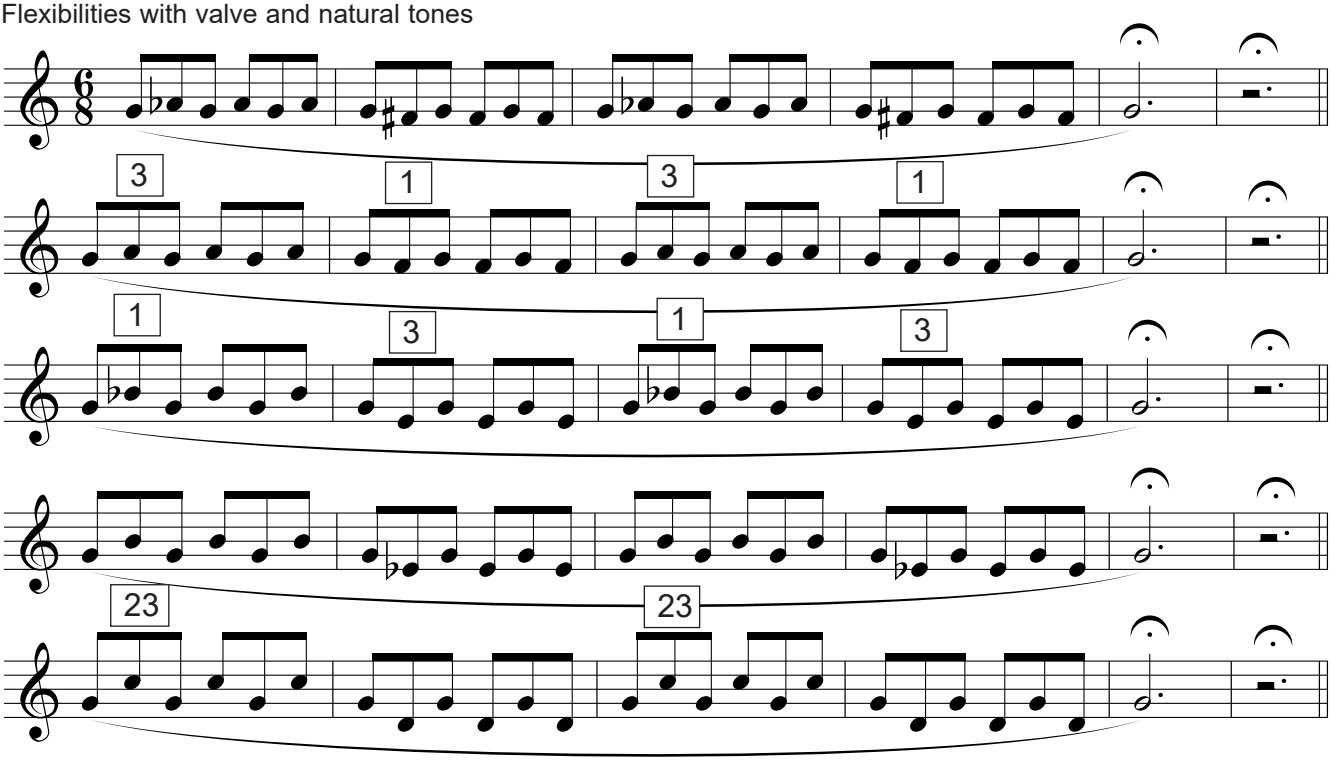


Continue the exercise with the valves **1 12 23 13 123**. Ensure that the tongue moves with the minimum possible movement, similar to the exercises with the valves. The mouth muscles hardly move at all, as the main work is done by the airflow and the back of the tongue. Check with the mirror.

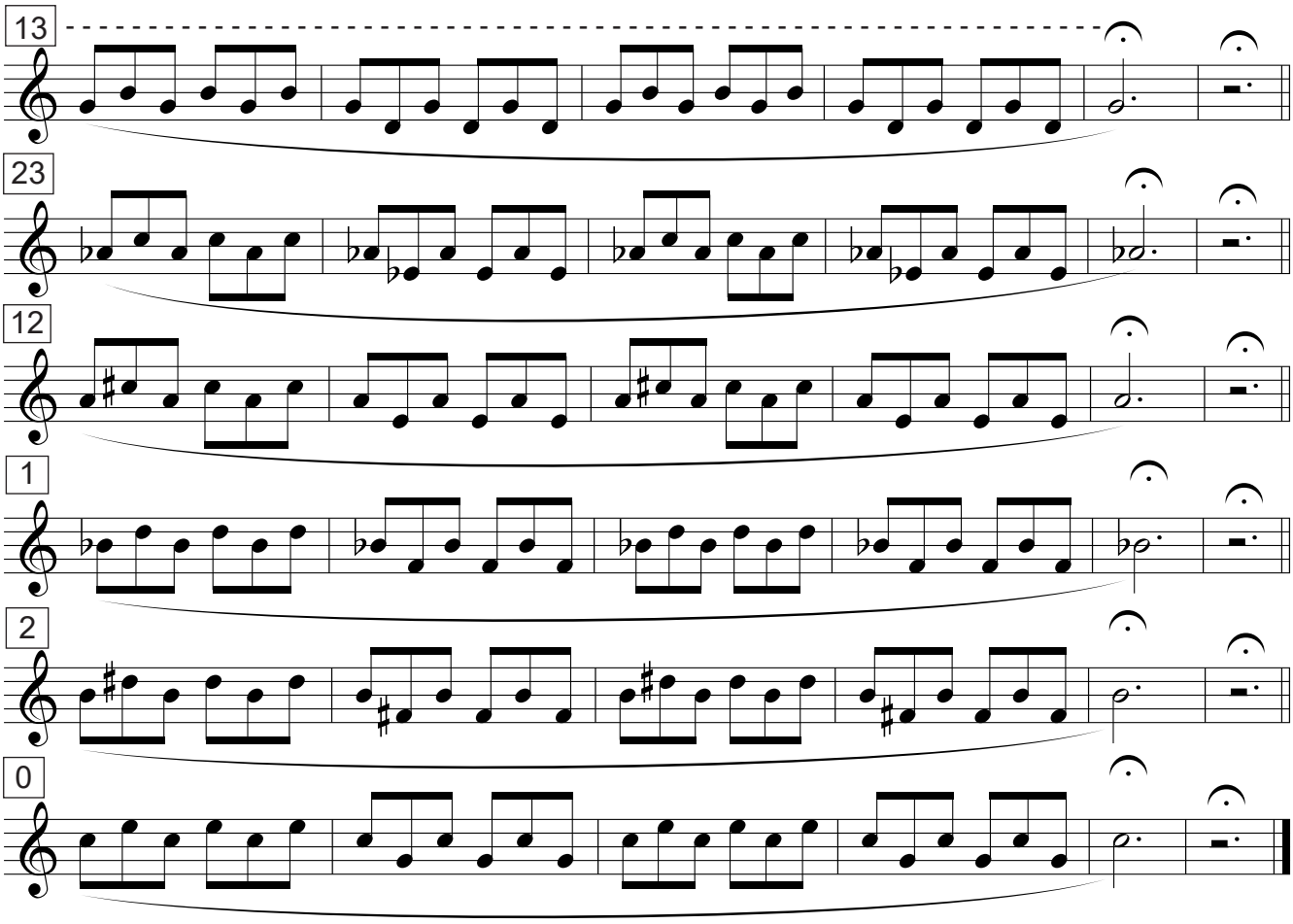
Trumpet: embouchure training for advanced players

Exercise 9b

Flexibilities with valve and natural tones



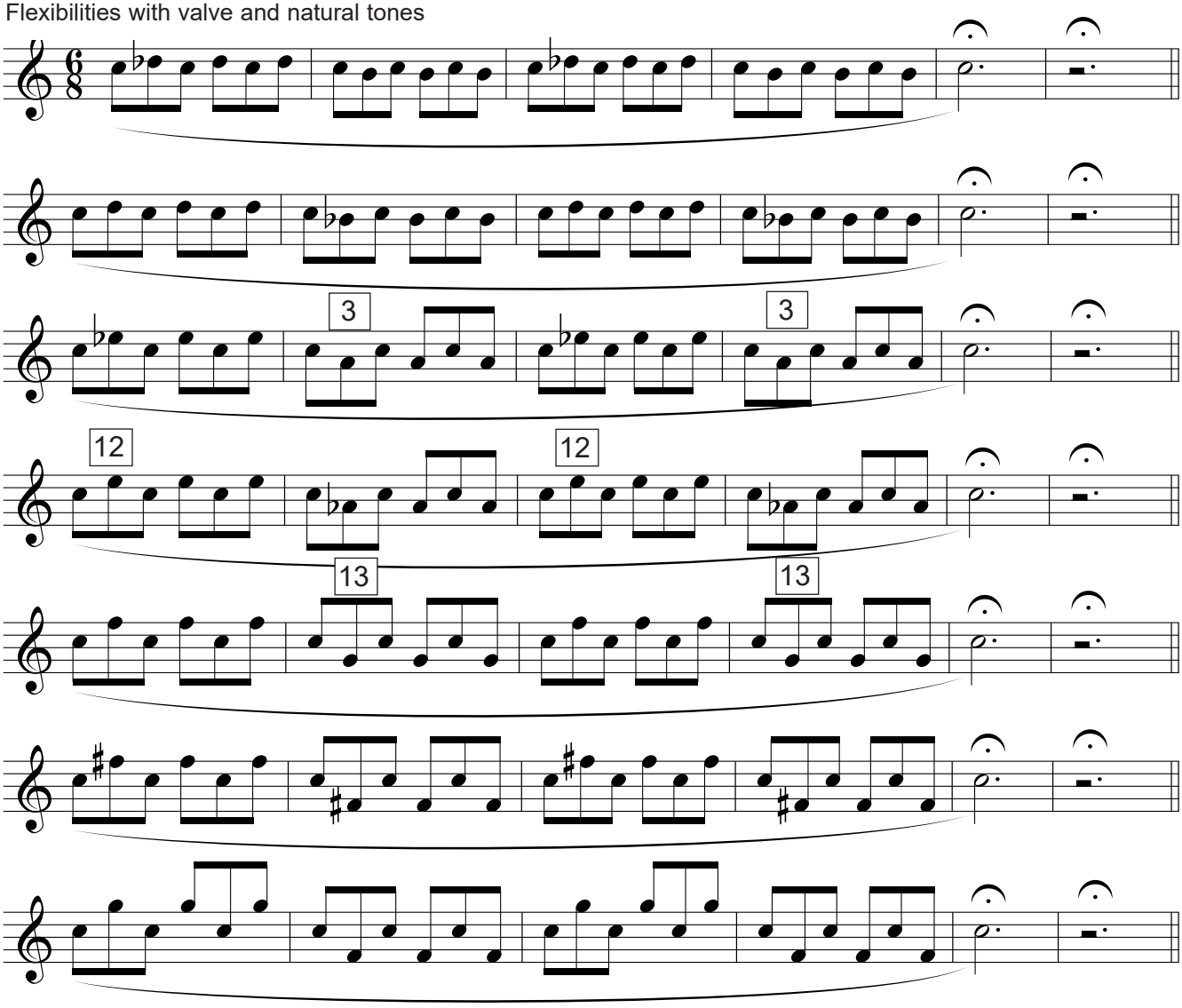
Continue the exercise with natural tones



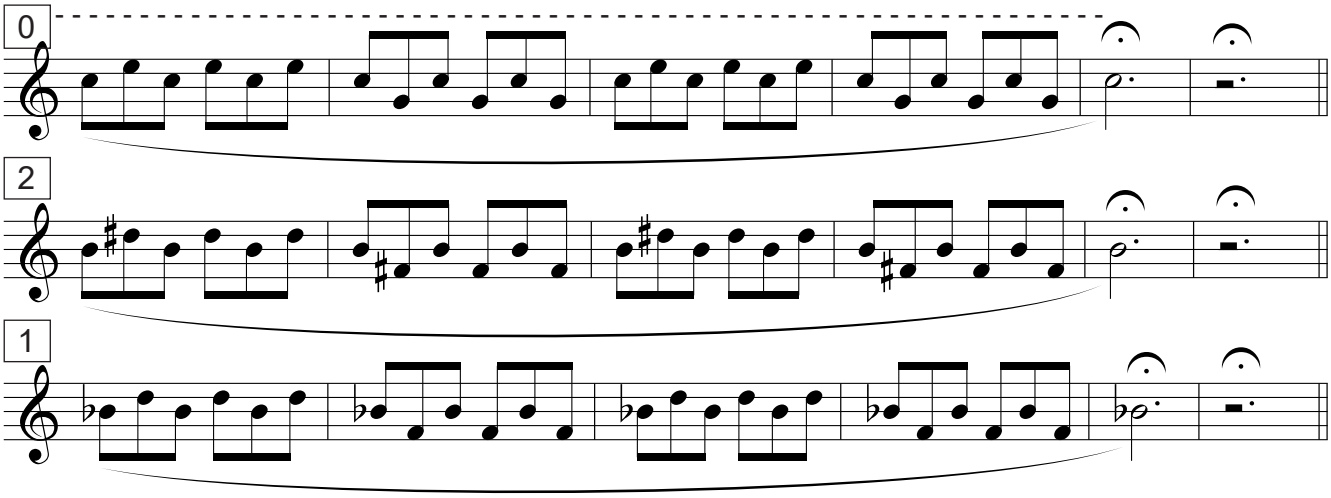
Trumpet: embouchure training for advanced players

Exercise 9c

Flexibilities with valve and natural tones



Continue the exercise with natural tones

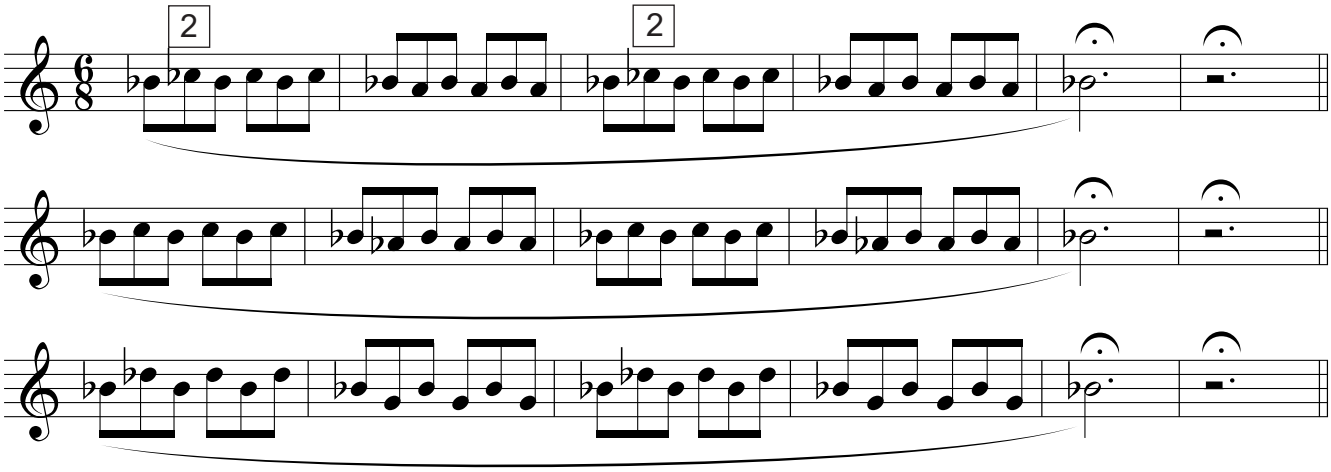


Continue the exercise with the valves **12 23 13 123** -
or continue directly on the next page with exercise 9d.

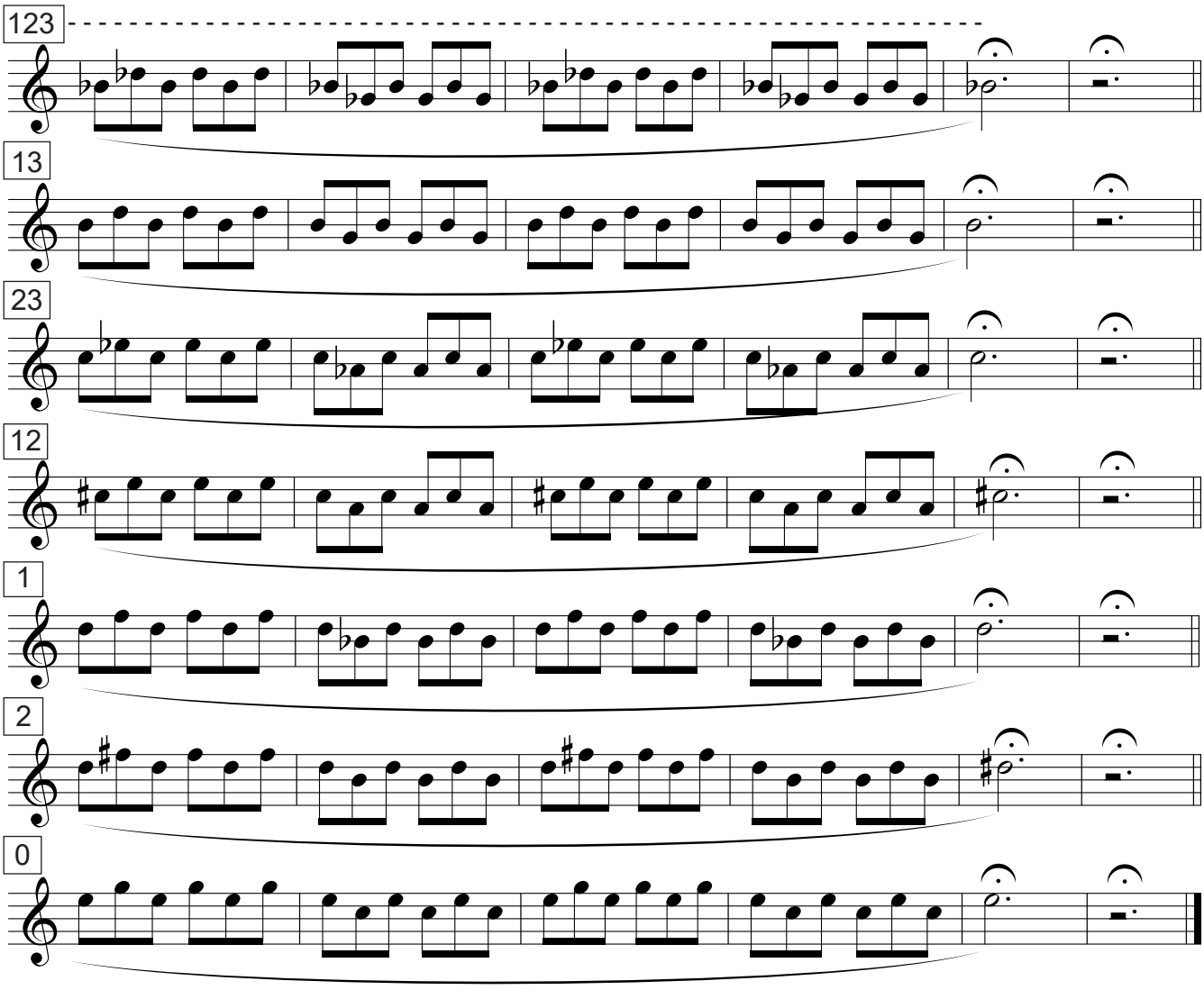
Trumpet: embouchure training for advanced players

Exercise 9d

Flexibilities with valve and natural tones



Continue the exercise with natural tones



You can find further exercises for lip trimming at **Charles Colin - Lip Flexibilities**

Lecturer and author Robert Schweizer

Robert Schweizer studied music at the Musikhochschule in Stuttgart, majoring in trumpet. In 1982, he graduated as a state-certified music teacher. This was followed by postgraduate artistic studies in Mannheim with Reinhold Lösch and private studies with Kurt Nagel.
Robert Schweizer has been a trumpet player with the Heidelberg Philharmonic Orchestra since 1983 and a trumpet teacher at the Heidelberg Music and Singing School since 1989.
He has been a lecturer and coach for brass players at the Bavarian Music Academy in Hammelburg since 2014.
With the development and publication of his trumpet schools "Trompete lernen - leicht gemacht", Robert Schweizer introduced newly designed trumpet schools, which quickly became widespread.
The successful concept was reworked, expanded and adapted accordingly, so that the entire **BRASS LERNSYSTEM** is now also available for low brass players.
During the corona-free period, Robert Schweizer taught his students online and gained valuable experience in dealing with digital media, which makes this online workshop possible and so interesting.
Translated with www.DeepL.com/Translator (free version)

Musikverlag Schweizer

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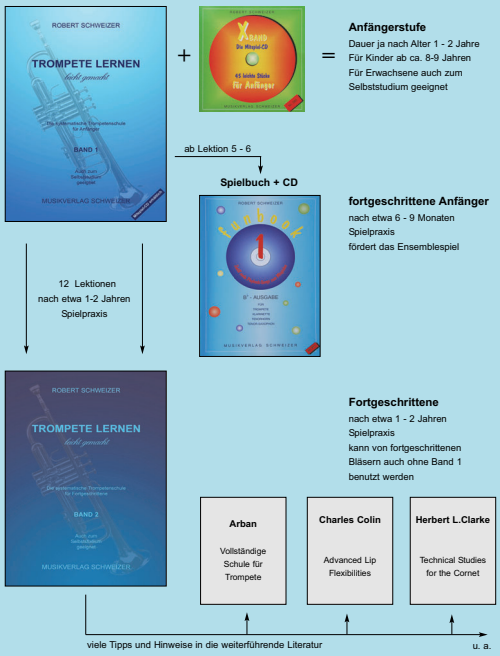
Das **BRASS LERNSYSTEM** ist für vier unterschiedliche Instrumentengruppen erhältlich.

Ausgabe in B-Notation für Trompete / Tenorhorn (Violinschlüssel)

Trompete lernen - leicht gemacht

Ein System macht Schule



Anfängerstufe
Dauer ja nach Alter 1 - 2 Jahre
Für Kinder ab ca. 8-9 Jahren
Für Erwachsene auch zum Selbststudium geeignet

Spielbuch + CD

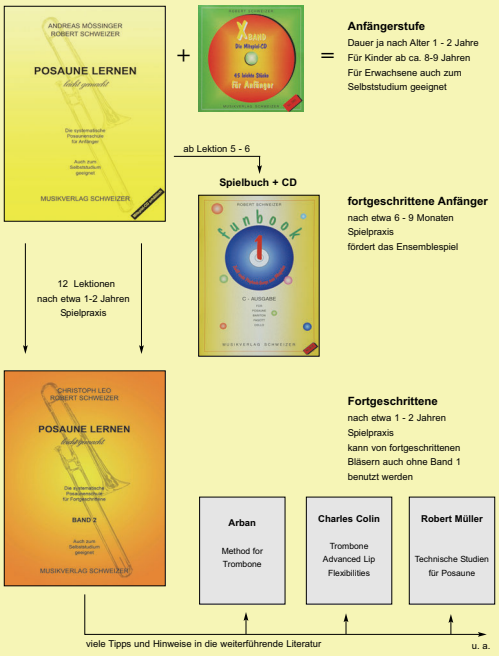
fortgeschrittene Anfänger
nach etwa 6 - 9 Monaten Spielpraxis
fördert das Ensemblespiel

Fortgeschrittene
nach etwa 1 - 2 Jahren Spielpraxis
kann von fortgeschrittenen Bläsern auch ohne Band 1 benutzt werden

Ausgabe in C-Notation für Posaune (Bassschlüssel)

Posaune lernen - leicht gemacht

Ein System macht Schule



Anfängerstufe
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Spielbuch + CD

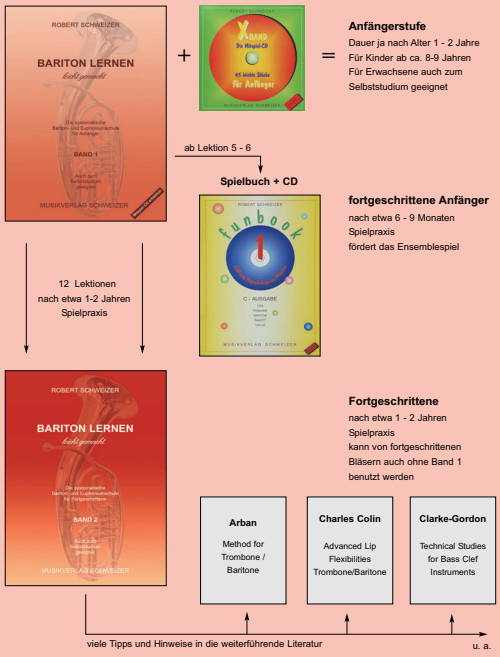
fortgeschrittene Anfänger
nach etwa 6 - 9 Monaten Spielpraxis
fördert das Ensemblespiel

Fortgeschrittene
nach etwa 1 - 2 Jahren Spielpraxis
kann von fortgeschrittenen Bläsern auch ohne Band 1 benutzt werden

Ausgabe in C-Notation für Bariton / Euphonium (Bassschlüssel)

Bariton lernen - leicht gemacht

Ein System macht Schule



Anfängerstufe
Dauer ja nach Alter 1 - 2 Jahre
Für Kinder ab ca. 8-9 Jahren
Für Erwachsene auch zum Selbststudium geeignet

Spielbuch + CD

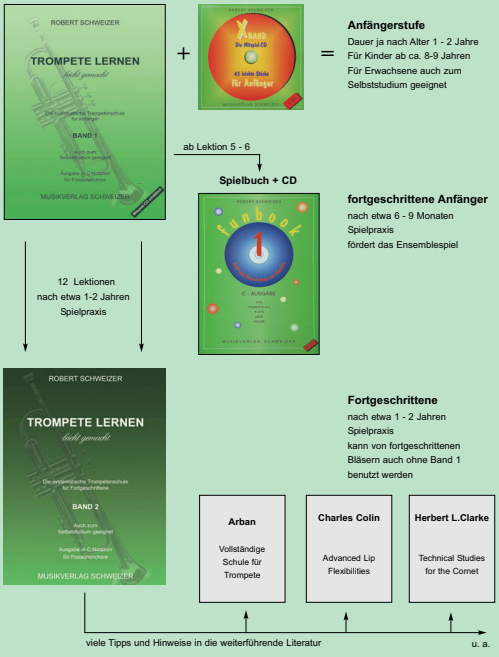
fortgeschrittene Anfänger
nach etwa 6 - 9 Monaten Spielpraxis
fördert das Ensemblespiel

Fortgeschrittene
nach etwa 1 - 2 Jahren Spielpraxis
kann von fortgeschrittenen Bläsern auch ohne Band 1 benutzt werden

Ausgabe in C-Notation für Trompete im Posaunenchor (Violinschlüssel)

Trompete lernen - leicht gemacht

Ein System macht Schule



Anfängerstufe
Dauer ja nach Alter 1 - 2 Jahre
Für Kinder ab ca. 8-9 Jahren
Für Erwachsene auch zum Selbststudium geeignet

Spielbuch + CD

fortgeschrittene Anfänger
nach etwa 6 - 9 Monaten Spielpraxis
fördert das Ensemblespiel

Fortgeschrittene
nach etwa 1 - 2 Jahren Spielpraxis
kann von fortgeschrittenen Bläsern auch ohne Band 1 benutzt werden

Ausführliche Informationen erhalten Sie auf **www.mv-schweizer.de/brasslernsystem**

Trompete Lernsystem in B

MVS Musikverlag Schweizer

Trompete Lernsystem in C

MV Musikverlag Schweizer

Posaune Lernsystem

MVS Musikverlag Schweizer

Bariton Lernsystem

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